

Mr. BINS K THOMAS

M.Sc Food Technology

Assistant Professor · Department of Food Science & Technology

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APPOINTMENT

Joined 01/06/2015 · Teaching 11 · Industry 6

SPECIALISATION

FOOD SAFETY

COURSES HANDLED

M.Sc Food Technology and Quality Assurance · B.Sc Food Science and Quality Control · B.Voc Food Technology and Analysis

LABORATORIES

Food Analysis · Food Processing

QUALIFICATIONS

M.Sc — FOOD SCIENCE AND TECHNOLOGY
UNIVERSITY OF CALICUT

2010

EXPERIENCE

Registered and Approved International Tutor

Highfield Qualifications · Teaching

Jan 2025 – Present

Trainer for FSSAI-FOSTAC

FSSAI · Teaching

JAN 2017 – Present

Assistant Professor

St. George's college, Aruvithura · Teaching

Jun 2015 – Present

QHSE Officer

SODEXO SOCAT Group · Industry

NOV 2013 – Nov 2014

Production Executive

MILMA · Industry

AUG 2010 – OCT 2013

Food Safety Executive

KANCOR INGREDIENTS Pvt. Ltd · Industry

Jan 2010 – Aug 2010

JOURNAL PAPERS

[1] A. Prathapan, K. Fahad, Bins K. Thomas, Riya Mariam Philip, and K. G. Raghu, "Effect of sprouting on antioxidant and inhibitory potential of two varieties of Bengal gram (*Cicer arietinum* L.) against key enzymes linked to type-2 diabetes," *International Journal of Food sciences and Nutrition*, Taylor & Francis Online, vol. 62, no. 3, pp. 234-238, 2011. doi: 10.3109/09637486.2010.529801. **WEB OF SCIENCE** **IF 1.5**

TRAINING & FDPS

AI in Research and Academics

FDP · FDP IQAC, St. George's College, Aruvithura · St. George's College, Aruvithura · Online

25th–29th Nov 2024, 5 days

TALKS & EVENTS

FOOD SAFETY QUIZ

Organiser · FOOD SAFETY DEPARTMENT-IDUKKI · THODUPUZHA · 100

12 JUN 2025,13 JUN
2026

webinar on “FOOD SCIENCE IN DAILY LIFE”

Resource person · Department of Home Science - B.Voc Food Processing,
Vimala College (Autonomous), Thrissur, · Vimala College (Autonomous),
Thrissur, · 120

17th October 2025,

WORLD FOOD DAY

Keynote address · MUNNAR CATERING COLLEGE · MUNNAR · 70

16 OCT 2024

CERTIFICATIONS

Dairy and Food Process and Products Technology

NPTEL · 12 weeks · 60 Elite · ID NPTEL20AG02561830233

2020

LANGUAGES

Malayalam · English · Hindi